

2019 – 2020 年度 (第一期) 上課日期及時間

| 星期 | 上課日期 | 堂數 | 時間 | 泳班編號 | 非會員 | | 會員 (按堂數折扣優惠計算) | |
|----|---|----|--------------|--------------|--------|--------|-------------------|--------|
| | | | | | 4½歲以上 | 3½-4½歲 | 4½歲以上 | 3½-4½歲 |
| 一 | 9,16,23,30/9, 14,21,28/10 4,11,18,25/11 7/10 重陽節休息 | 11 | 4:30-5:30p | 19E11-TP0430 | \$1705 | \$2750 | \$1321~1620 | \$2613 |
| | | | 5:30-6:30p | 19E11-TP0530 | \$1705 | \$2750 | \$1321~1620 | \$2613 |
| 二 | 10,17,24/9, 8,15,22,29/10 5,12,19,26/11 1/10 國慶休息 | 11 | 4:30-5:30p | 19E12-TP0430 | \$1705 | \$2750 | \$1321~1620 | \$2613 |
| | | | 5:30-6:30p | 19E12-TP0530 | \$1705 | \$2750 | \$1321~1620 | \$2613 |
| | | | 6:30-7:30p | 19E12-TP0630 | \$1705 | \$2750 | \$1321~1620 | \$2613 |
| 三 | 11,18,25/9, 2,9,16,23,30/10, 6,13,20,27/11 | 12 | 4:30-5:30p | 19E13-TP0430 | \$1860 | \$3000 | \$1442~1767 | \$2850 |
| | | | 5:30-6:30p | 19E13-TP0530 | \$1860 | \$3000 | \$1253~1536 | \$2850 |
| 四 | 12,19,26/9, 3,10,17,24,31/10, 7,14,21,28/11 | 12 | 4:30-5:30p | 19E14-TP0430 | \$1860 | \$3000 | \$1442~1767 | \$2850 |
| | | | 5:30-6:30p | 19E14-TP0530 | \$1860 | \$3000 | \$1442~1767 | \$2850 |
| | | | 6:30-7:30p | 19E14-TP0630 | \$1860 | \$3000 | \$1442~1767 | \$2850 |
| 五 | 6.13,20,27/9, 4,11,18,25/10 1,8,15,22/11 | 12 | 4:30-5:30p | 19E15-TP0430 | \$2148 | \$3000 | \$1665~2041 | \$2850 |
| | | | 5:30-6:30p | 19E15-TP0530 | \$2148 | \$3000 | \$1665~2041 | \$2850 |
| | | | 6:30-7:30p | 19E15-TP0630 | \$2148 | \$3000 | \$1665~2041 | \$2850 |
| | | | 7:30-8:30p | 19E15-TP0730 | \$2148 | \$3000 | \$1665~2041 | \$2850 |
| 六 | 7,21,28/9, 5,12,19,26/10 2,9,16,23/11 14/9 中秋節翌日休息 | 11 | 9:00-10:00a | 19E16-TP0900 | \$1969 | \$2750 | \$1526~1871 | \$2613 |
| | | | 10:00-11:00a | 19E16-TP1000 | \$1969 | \$2750 | \$1526~1871 | \$2613 |
| | | | 11:00-12:00a | 19E16-TP1100 | \$1969 | \$2750 | \$1526~1871 | \$2613 |
| | | | 2:00-3:00p | 19E16-TP0200 | \$1969 | \$2750 | \$1526~1871 | \$2613 |
| | | | 3:00-4:00p | 19E16-TP0300 | \$1969 | \$2750 | \$1526~1871 | \$2613 |
| | | | 4:00-5:00p | 19E16-TP0400 | \$1969 | \$2750 | \$1526~1871 | \$2613 |
| 日 | 8,15,22,29/9, 6,13,20,27/10, 3,10,17,24/11 | 12 | 9:00-10:00a | 19E17-TP0900 | \$2148 | \$3000 | \$1665~2041 | \$2850 |
| | | | 10:00-11:00a | 19E17-TP1000 | \$2148 | \$3000 | \$1665~2041 | \$2850 |
| | | | 11:00-12:00a | 19E17-TP1100 | \$2148 | \$3000 | \$1665~2041 | \$2850 |
| | | | 12:00-1:00p | 19E17-TP1200 | \$2148 | \$3000 | \$1665~2041 | \$2850 |
| | | | 2:00-3:00p | 19E17-TP0200 | \$2148 | \$3000 | \$1665~2041 | \$2850 |
| | | | 3:00-4:00p | 19E17-TP0300 | \$2148 | \$3000 | \$1665~2041 | \$2850 |

2019 – 2020 年度 (第二期) 上課日期及時間

| 星期 | 上課日期 | 堂數 | 時間 | 泳班編號 | 非會員 | | 會員 (按堂數折扣優惠計算) | |
|----|--|----|--------------|--------------|--------|--------|-------------------|--------|
| | | | | | 4½歲以上 | 3½-4½歲 | 4½歲以上 | 3½-4½歲 |
| 一 | 2,9,16,23,30/12 6,13,20/1 3,10/2 27/1 年初三休息 | 10 | 4:30-5:30p | 19E21-TP0430 | \$1550 | \$2500 | \$1201~1473 | \$2375 |
| | | | 5:30-6:30p | 19E21-TP0530 | \$1550 | \$2500 | \$1201~1473 | \$2375 |
| 二 | 3,10,17,24,31/12 7,14,21/1 4,11/2 28/1 年初四休息 | 10 | 4:30-5:30p | 19E22-TP0430 | \$1550 | \$2500 | \$1201~1473 | \$2375 |
| | | | 5:30-6:30p | 19E22-TP0530 | \$1550 | \$2500 | \$1201~1473 | \$2375 |
| | | | 6:30-7:30p | 19E22-TP0630 | \$1550 | \$2500 | \$1201~1473 | \$2375 |
| 三 | 4,11,18/12, 8,15,22,29/1 5,12/2 25/12 聖誕及 1/1 元旦休息*只得一堂補/調堂 | 9 | 4:30-5:30p | 19E23-TP0430 | \$1395 | \$2550 | \$1081~1325 | \$2423 |
| | | | 5:30-6:30p | 19E23-TP0530 | \$1395 | \$2550 | \$1081~1325 | \$2423 |
| 四 | 5,12,19,26/12, 2,9,16,23,30/1, 6,13/2 | 11 | 4:30-5:30p | 19E24-TP0430 | \$1705 | \$2750 | \$1321~1620 | \$2613 |
| | | | 5:30-6:30p | 19E24-TP0530 | \$1705 | \$2750 | \$1321~1620 | \$2613 |
| | | | 6:30-7:30p | 19E24-TP0630 | \$1705 | \$2750 | \$1321~1620 | \$2613 |
| 五 | 29/11 6,13,20,27/12, 3,10,17,31/1 7/2 #24/1 年三十晚休息# | 10 | 4:30-5:30p | 19E25-TP0430 | \$1790 | \$2500 | \$1387~1701 | \$2375 |
| | | | 5:30-6:30p | 19E25-TP0530 | \$1790 | \$2500 | \$1387~1701 | \$2375 |
| | | | 6:30-7:30p | 19E25-TP0630 | \$1790 | \$2500 | \$1387~1701 | \$2375 |
| | | | 7:30-8:30p | 19E25-TP0730 | \$1790 | \$2500 | \$1387~1701 | \$2375 |
| 六 | 30/11 7,14,21,28/12, 4,11,18/1 1,8/2 25/1 年初一休息 | 10 | 9:00-10:00a | 19E26-TP0900 | \$1790 | \$2500 | \$1387~1701 | \$2375 |
| | | | 10:00-11:00a | 19E26-TP1000 | \$1790 | \$2500 | \$1387~1701 | \$2375 |
| | | | 11:00-12:00a | 19E26-TP1100 | \$1790 | \$2500 | \$1387~1701 | \$2375 |
| | | | 2:00-3:00p | 19E26-TP0200 | \$1790 | \$2500 | \$1387~1701 | \$2375 |
| | | | 3:00-4:00p | 19E26-TP0300 | \$1790 | \$2500 | \$1387~1701 | \$2375 |
| | | | 4:00-5:00p | 19E26-TP0400 | \$1790 | \$2500 | \$1387~1701 | \$2375 |
| 日 | 1,8,15,22,29/12, 5,12,19/1 2,9/2 26/1 年初二休息 | 10 | 9:00-10:00a | 19E27-TP0900 | \$1790 | \$2500 | \$1387~1701 | \$2375 |
| | | | 10:00-11:00a | 19E27-TP1000 | \$1790 | \$2500 | \$1387~1701 | \$2375 |
| | | | 11:00-12:00a | 19E27-TP1100 | \$1790 | \$2500 | \$1387~1701 | \$2375 |
| | | | 12:00-1:00p | 19E27-TP1200 | \$1790 | \$2500 | \$1387~1701 | \$2375 |
| | | | 2:00-3:00p | 19E27-TP0200 | \$1790 | \$2500 | \$1387~1701 | \$2375 |
| | | | 3:00-4:00p | 19E27-TP0300 | \$1790 | \$2500 | \$1387~1701 | \$2375 |

2019 – 2020 年度 (第三期) 上課日期及時間

| 星期 | 上課日期 | 堂數 | 時間 | 泳班編號 | 非會員 | | 會員 <small>(按堂數折扣優惠計算)</small> | |
|----|--|----|--------------|--------------|--------|--------|----------------------------------|--------|
| | | | | | 4½歲以上 | 3½-4½歲 | 4½歲以上 | 3½-4½歲 |
| 一 | 17,24/2, 2,9,16,23,30/3 6,13/4 *只得一堂補/調堂 | 9 | 4:30-5:30p | 19E31-TP0430 | \$1395 | \$2250 | \$1081~\$1325 | \$2138 |
| | | | 5:30-6:30p | 19E31-TP0530 | \$1395 | \$2250 | \$1081~\$1325 | \$2138 |
| 二 | 18,25/2, 3,10,17,24,31/3 7,14/4 *只得一堂補/調堂 | 9 | 4:30-5:30p | 19E32-TP0430 | \$1395 | \$2250 | \$1081~\$1325 | \$2138 |
| | | | 5:30-6:30p | 19E32-TP0530 | \$1395 | \$2250 | \$1081~\$1325 | \$2138 |
| | | | 6:30-7:30p | 19E32-TP0630 | \$1395 | \$2250 | \$1081~\$1325 | \$2138 |
| 三 | 19,26/2, 4,11,18,25/3, 1,8,15/4 *只得一堂補/調堂 | 9 | 4:30-5:30p | 19E33-TP0430 | \$1395 | \$2250 | \$1081~\$1325 | \$2138 |
| | | | 5:30-6:30p | 19E33-TP0530 | \$1395 | \$2250 | \$1081~\$1325 | \$2138 |
| 四 | 20,27/2, 5,12,19,26/3, 2,9,16/4 *只得一堂補/調堂 | 9 | 4:30-5:30p | 19E34-TP0430 | \$1395 | \$2250 | \$1081~\$1325 | \$2138 |
| | | | 5:30-6:30p | 19E34-TP0530 | \$1395 | \$2250 | \$1081~\$1325 | \$2138 |
| | | | 6:30-7:30p | 19E34-TP0630 | \$1395 | \$2250 | \$1081~\$1325 | \$2138 |
| 五 | 14,21,28/2, 6,13,20,27/3, 3,10,17/4 | 10 | 4:30-5:30p | 19E35-TP0430 | \$1790 | \$2500 | \$1387~\$1701 | \$2375 |
| | | | 5:30-6:30p | 19E35-TP0530 | \$1790 | \$2500 | \$1387~\$1701 | \$2375 |
| | | | 6:30-7:30p | 19E35-TP0630 | \$1790 | \$2500 | \$1387~\$1701 | \$2375 |
| | | | 7:30-8:30p | 19E35-TP0730 | \$1790 | \$2500 | \$1387~\$1701 | \$2375 |
| 六 | 15,22,29/2, 7,14,21,28/3 11,18/4 4/4 清明休息 *只得一堂補/調堂 | 9 | 9:00-10:00a | 19E36-TP0900 | \$1611 | \$2250 | \$1249~\$1530 | \$2138 |
| | | | 10:00-11:00a | 19E36-TP1000 | \$1611 | \$2250 | \$1249~\$1530 | \$2138 |
| | | | 11:00-12:00a | 19E36-TP1100 | \$1611 | \$2250 | \$1249~\$1530 | \$2138 |
| | | | 2:00-3:00p | 19E36-TP0200 | \$1611 | \$2250 | \$1249~\$1530 | \$2138 |
| | | | 3:00-4:00p | 19E36-TP0300 | \$1611 | \$2250 | \$1249~\$1530 | \$2138 |
| | | | 4:00-5:00p | 19E36-TP0400 | \$1611 | \$2250 | \$1249~\$1530 | \$2138 |
| 日 | 16,23/2, 1,8,15,22,29/3 5,12/4 *只得一堂補/調堂 | 9 | 9:00-10:00a | 19E37-TP0900 | \$1611 | \$2250 | \$1249~\$1530 | \$2138 |
| | | | 10:00-11:00a | 19E37-TP1000 | \$1611 | \$2250 | \$1249~\$1530 | \$2138 |
| | | | 11:00-12:00a | 19E37-TP1100 | \$1611 | \$2250 | \$1249~\$1530 | \$2138 |
| | | | 12:00-1:00p | 19E37-TP1200 | \$1611 | \$2250 | \$1249~\$1530 | \$2138 |
| | | | 2:00-3:00p | 19E37-TP0200 | \$1611 | \$2250 | \$1249~\$1530 | \$2138 |
| | | | 3:00-4:00p | 19E37-TP0300 | \$1611 | \$2250 | \$1249~\$1530 | \$2138 |

- 備註
1. 年滿 3½ 歲的幼兒均可報班,唯該幼兒必需有基本的自理能力才會接受報名。一經報名,所繳費用不會退回(泳班取消除外)
 2. 選報 10-12 堂者,可申請補/調堂二次; 10 堂以下者,可申請補/調堂一次。[唯此等調堂必須於一週前提出申請,臨時調堂請恕無法處理。調堂日期一經安排落實,不論在任何情況下(包括生病、意外受傷等.....)都不能再作更改,因此學員及家長請多加留意]
 3. 週一至週四上課者,如申請調堂在週五/六/日其中一日上課,需補交該日課程差額。
 4. 週五/六/日上課者,如申請調堂在週一至週四其中一日上課,請恕本會不會退回該日課程差額。
 5. 上課日期如有任何變更,以該期最新公佈為準

泳班費用(下列以 9 / 10 / 11 / 12 堂計算)折扣優惠(只限會員)

| 手冊內出席 印章堂數累計 | 折扣優惠 | 星期 一 二 三 四 | | | | | | | |
|-----------------|--------|------------|--------|--------|--------|--------|--------|--------|--------|
| | | 12 堂 | | 11 堂 | | 10 堂 | | 9 堂 | |
| | | 4½歲† | 3½-4½ | 4½歲† | 3½-4½ | 4½歲† | 3½-4½ | 3½-4½ | 3½-4½ |
| | 原價 | \$1860 | \$3000 | \$1705 | \$2750 | \$1550 | \$2500 | \$1395 | \$2250 |
| 1 – 50 堂 | 9.5 折 | \$1767 | \$2850 | \$1620 | \$2613 | \$1473 | \$2375 | \$1325 | \$2138 |
| 51 – 100 堂 | 9.25 折 | \$1721 | | \$1577 | | \$1434 | | \$1290 | |
| 101 – 150 堂 | 9 折 | \$1674 | | \$1535 | | \$1395 | | \$1256 | |
| 151 – 200 堂 | 8.75 折 | \$1628 | | \$1492 | | \$1356 | | \$1221 | |
| 201 – 250 堂 | 8.5 折 | \$1581 | | \$1449 | | \$1318 | | \$1186 | |
| 251 – 300 堂 | 8.25 折 | \$1535 | | \$1407 | | \$1279 | | \$1151 | |
| 301 – 350 堂 | 8 折 | \$1488 | | \$1364 | | \$1240 | | \$1116 | |
| 350 堂以上 | 7.75 折 | \$1442 | | \$1321 | | \$1201 | | \$1081 | |
| 預備泳隊 | 8.5 折 | \$1581 | | \$1449 | | \$1318 | | \$1186 | |
| 現役泳隊 | 8 折 | \$1488 | | \$1364 | | \$1240 | | \$1116 | |

| 手冊內出席 印章堂數累計 | 折扣優惠 | 星期 五 六 日 | | | | | | | |
|-----------------|--------|----------|--------|--------|--------|--------|--------|--------|--------|
| | | 12 堂 | | 11 堂 | | 10 堂 | | 9 堂 | |
| | | 4½歲† | 3½-4½ | 4½歲† | 3½-4½ | 4½歲† | 3½-4½ | 4½歲† | 3½-4½ |
| | 原價 | \$2148 | \$3000 | \$1969 | \$2750 | \$1790 | \$2500 | \$1611 | \$2250 |
| 1 – 50 堂 | 9.5 折 | \$2041 | \$2850 | \$1871 | \$2613 | \$1701 | \$2375 | \$1530 | \$2138 |
| 51 – 100 堂 | 9.25 折 | \$1987 | | \$1821 | | \$1656 | | \$1490 | |
| 101 – 150 堂 | 9 折 | \$1933 | | \$1772 | | \$1611 | | \$1450 | |
| 151 – 200 堂 | 8.75 折 | \$1880 | | \$1723 | | \$1566 | | \$1410 | |
| 201 – 250 堂 | 8.5 折 | \$1826 | | \$1674 | | \$1522 | | \$1369 | |
| 251 – 300 堂 | 8.25 折 | \$1772 | | \$1624 | | \$1477 | | \$1329 | |
| 301 – 350 堂 | 8 折 | \$1718 | | \$1575 | | \$1432 | | \$1289 | |
| 350 堂以上 | 7.75 折 | \$1665 | | \$1526 | | \$1387 | | \$1249 | |
| 預備泳隊 | 8.5 折 | \$1826 | | \$1674 | | \$1522 | | \$1369 | |
| 現役泳隊 | 8 折 | \$1718 | | \$1575 | | \$1432 | | \$1289 | |

申請入會請填妥入會申請表,連同近照 1 張及所需費用交到本會辦事處。每年 9 月份續會。

| 會員會籍 | 新入會 | 續會 |
|------------------|------------|------------|
| 年費 | \$200 | \$100 |
| 會員可獲如下物品: | | |
| • 泳班費用折扣 | 即時折扣優惠 | 堂數累計折扣優惠 |
| • 泳衣/褲 | 2 張(半價優惠券) | 2 張(半價優惠券) |
| • 游泳證書 | 乙張(可一年內申領) | |
| • 泳員手冊 | 乙本(只限新會員) | |
| • 泳帽 | 乙頂(布帽) | |